

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM August 10, 2018

CALL TO ORDER: Maria called meeting to order at 9:02

The following persons were present:, COA Director Patty Kayo, Chairman, Maria Neville, Secretary Helen Daly, Bill Brown, Brooks Corl

Motion to accept Secretary's Report as written made by Bill – second Helen

Helen issued a “Thank you” from St. Michael's Church in Holliston for the loan of the corn-hole game which was used in support of the B-Safe Children's project.

Treasurer's Report

- Postage is up to over \$506.00 for the mailing of the newsletter which we do 10 times per year – overage is paid through the Formula Grant
- Only 19% of seniors pay dues in support of this mailing
- Note in the next newsletter asking seniors to please pay their dues
- Request in the next newsletter to see if there are any who would prefer to be taken off the mailing list and receive electronic newsletter

HESSCO

- Maria reports on June HESSCO meeting – donations were requested via E-mail, Facebook
- Age Well Conference will be held in September, admission is \$10.00

Outreach Report: - Carol on vacation – No report this month

Director's Report:

- Patty spoke with Mike about sponsoring our own trips – received a positive response
- Will begin to offer trips as previously discussed – Bert Lannon has offered to do trips and to be paid on a per diem basis
- We have been asked to provide a “Capital Expenditure Forecast” for the next 10 years – some items to be requested:
 1. As hardwood floors are being installed in Rm 18 – we would ask for new floors throughout our space
 2. Turn over all the downstairs areas to the “Senior Center” rather than being used as common areas for the Town Hall – we could use the Community Room for exercise classes
 3. Request fire retardant curtains for the windows
 4. Brooks suggested paneling for the walls to update our spaces
 5. Supportive Day room upgraded and make the Community room handicapped accessible
 6. Swimming pool
 7. Community Center to be used by seniors as well as the entire town
 8. A NEW SENIOR CENTER
- COA has offered the old van to be used by our maintenance dept. – pending Governor signing off on the new vehicle funding

Chairman's Report: - NO REPORT

Old Business

- Bookcases for the coffee room will be discussed at next meeting when Chris is back
BBQ to be held 8/15 (BBQ grill from Glen Ellen does not work) – hot dog machine works well. We will offer hot dogs, hamburgers (Jim Neville will bring his grille and cook) and beans – Patty will send the van to pick up the grille
- Breakfast to be served on 8/24 – Chris, Brooks and Helen will again prepare the quiche – they will cook on Thursday – Maureen will call to see how many will be attending. As a donation was made to support this function this event will be a “No Charge” to the seniors
- Patty asked board members to please be sure to record their Volunteer hours
- Scrapbooking class will be discussed next meeting when Chris is back

New Business:

- Bingo will be held on Thursdays as this is the day that draws the most players. 30 new 8X9 slider boards at a cost of \$3.50 each will be purchased.
- Ice cream sundaes changed to Thursdays
- Patty has set up “Busy Table” with checkers and other puzzles and games to challenge the seniors. Mahjong was also suggested – we need to find someone to teach.
- Diabetes Prevention Program first meeting will be held 9/12 @ 10am = this is a year-long program offered at no cost
- Enhance Fitness class is set to begin 9/5 – gym access has been procured
- There will be a Scrap Metal fundraiser on 8/18, 9am to 1 pm. Paul Sims is offering pick up at \$10.00 per customer – funds will be donated to The Friends
- Patty has been contacted by someone to offer a “Mediation” class to run for 8 weeks. The cost will be \$50 per class - \$3.00 per class per senior. The balance will be paid by the Friends
- Cancer recovery group has been offered by Bay Path – Maria will check with HESSCO to see if they offer a similar class.
- Tasty Tuesdays will continue through the Fall – seems to be a popular event

Meeting adjourned at 10:10am

**Next COA Board Meeting: September 14, 2018
9:00 AM– VMB Room 19**